



### **Sample Lunch Seasonal Menu**

#### **Soup Du Jour**

Choose from our two delicious soups of the day.

#### **Salad Bar**

Healthy garden greens, vegetables and toppings, specialty salads, fruits, and a wonderful assortment of your favorite dressings or fat-free dressings.

**The following entrées feature your choice of French fries, coleslaw, cottage cheese, fruit, or one of our daily specialty side dishes.**

#### **Half Deli Sandwich and Soup**

Choose from turkey, ham, roast beef, egg, tuna, or chicken salad with Swiss or American cheese on your choice of bread with lettuce, tomato, and mayonnaise.

Served with your favorite cup of soup. Peanut butter or grilled cheese are available upon request.

#### **BLT Sandwich**

Crisp bacon, fresh lettuce, and sliced tomatoes piled high on your choice of toasted white, wheat, or rye bread. Served with your choice of sides.

#### **Terrace Caesar Salad**

Your choice of shrimp or chicken tossed with mixed greens, Caesar dressing, and garlic croutons garnished with tomato, red onion, and boiled egg.

#### **Pasta Primavera**

Fresh assorted vegetables, garlic, wine, and herbs folded together in a light cream sauce over Rainbow Rotini. Served with warm garlic bread.

#### **Terrace Club Croissant**

Lightly toasted croissant stuffed with a charbroiled chicken breast, bacon, Swiss cheese, Roma tomatoes, lettuce, and mayonnaise.

#### **Light-N-Lean**

Ground beef patty, Gardenburger, or chicken breast served with low-fat cottage cheese and fresh fruit.

## **Sample Dinner Seasonal Menu**

### **Soup Du Jour**

Choose from our two delicious soups of the day.

### **Salad Bar**

Healthy garden greens, vegetables and toppings, specialty salads, fruits, and a wonderful assortment of your favorite dressings or fat-free dressings.

**All entrées include your choice of vegetable, baked potato, French fries, garlic bread, fruit, or one of our daily specialty side dishes.**

### **Cobb Salad**

Tossed greens topped with boneless chicken, chopped bacon, blue cheese crumbles, diced tomato, sliced cucumber, and hard-boiled egg. Served with homemade honey-onion dressing.

### **Angel Hair Pasta**

Succulent bay shrimp sautéed with mushrooms, onions, artichoke hearts, sun-dried tomatoes, garlic, and basil folded in a marinara sauce. Served over angel hair pasta with Parmesan cheese and green onions.

### **Terrace Catch**

Fresh weekly variety. Served broiled, steamed, or grilled with vegetables and a choice of sides. Fresh cocktail, tartar sauce, or lemon is served on request.

### **Choice Sirloin Steaks**

Grade A choice sirloin steaks cooked the way you like. Served with vegetables and your choice of sides.

### **Famous Terrace Burger**

Choice ground beef patty served with or without cheese on a toasted bun with lettuce, tomato, red onion, and mayonnaise. French fries are served upon request. Garden burger is available for a low-fat entrée.

### **Terrace Special Quesadilla**

Flour tortilla grilled with cheddar cheese, green chilies, olives, diced tomato, and green onions. Served with homemade salsa and guacamole on the side.